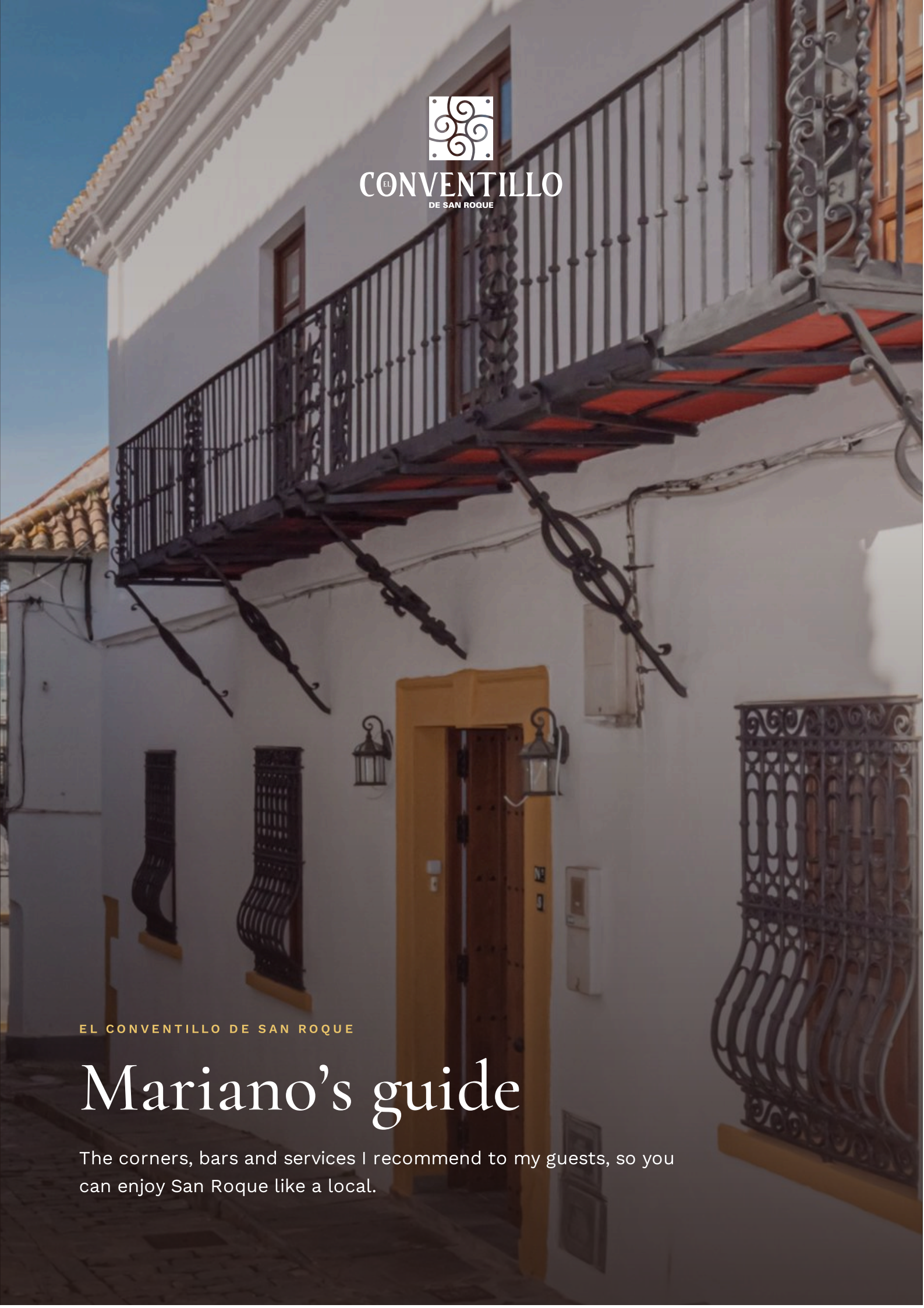



EL CONVENTILLO DE SAN ROQUE

# Mariano's guide

The corners, bars and services I recommend to my guests, so you can enjoy San Roque like a local.

FOOD AND DRINK

# My favourites, just steps from the house

Almost all of them are less than a five-minute walk away, around the Plaza de Armas, the Plaza de la Iglesia and Calle General Lacy.

## TAPAS AND MEALS

### Bar de Tapas Don Benito

Creative tapas and award-winning dishes in an 18th-century setting.

Plaza de Armas, 10

View on Google Maps →

### Taberna Casa Julia

Traditional Andalusian cooking, full of personality.

Calle General Lacy, 54

View on Google Maps →

### Freiduría Entre Dos Mares

The best fried fish in town, in a traditional setting.

Calle Olivo, 5

View on Google Maps →

### Nono's Comerán (Bar El Varal)

Delicious tapas and a relaxed atmosphere facing the Plaza de la Iglesia.

Plaza de la Iglesia, 8

View on Google Maps →

### Las Estaciones de la Ermita

A wide range of tapas, with a traditional yet creative touch.

Calle La Ermita

View on Google Maps →

### El Depor

Breakfast, lunch and dinner with traditional Mediterranean cooking.

Calle General Lacy, 15

View on Google Maps →

## BREAKFAST AND AFTERNOON SNACKS

### OKAY Pastelería y Cafetería

Breakfast, coffee and the best pastries.

Calle General Lacy, 18

View on Google Maps →

### Cafetería Koala

Breakfast, coffee and bites in a warm, family atmosphere.

Calle General Lacy, 67

View on Google Maps →

### Nono's Moverán

Breakfast, afternoon snacks and drinks on a terrace overlooking the Plaza de Armas.

Plaza de Armas

View on Google Maps →

## FOR A DRINK

### Bar El Gato

Snacks, coffee and drinks with views of the Rock of Gibraltar.

Calle Pastora, 1

View on Google Maps →

### Bar Caracol

Craft beers, drinks and amazing tapas in a one-of-a-kind atmosphere.

Calle Aurora, 1

View on Google Maps →

### 1704

Coffee, drinks and nibbles facing the Plaza de la Iglesia.

Plaza de la Iglesia, 10

View on Google Maps →

### Candongo

Beer, coffee and drinks facing the Plaza de la Iglesia.

Plaza de la Iglesia, 6

View on Google Maps →

WHAT TO SEE

# San Roque on foot

The old town is easy to explore on foot. These are the places you shouldn't miss.

## Plaza de Armas

The heart of the old town, with its terraces and lively evening atmosphere.

**View on Google Maps →**

## Church of Santa María la Coronada

A few steps from the house, on the Plaza de la Iglesia, surrounded by bars and local life.

**View on Google Maps →**

## Palacio de los Gobernadores (Governors' Palace)

Right behind El Conventillo, a witness to the town's history.

**View on Google Maps →**

## Paseo de la Alameda

A tree-lined promenade five minutes away, ideal for a sunset stroll.

**View on Google Maps →**

## Viewpoints over the Strait

From the top of the town you can see Gibraltar, the bay and, on clear days, the mountains of Morocco.

**View on Google Maps →**

## Roman ruins of Carteia

The ancient Roman city where the columns in our courtyard came from.

**View on Google Maps →**

## San Roque Municipal Museum · Carteia

The town museum, devoted to the history of ancient Carteia and the finds from its Roman ruins.

**View on Google Maps →**

## Contemporary Art Centre

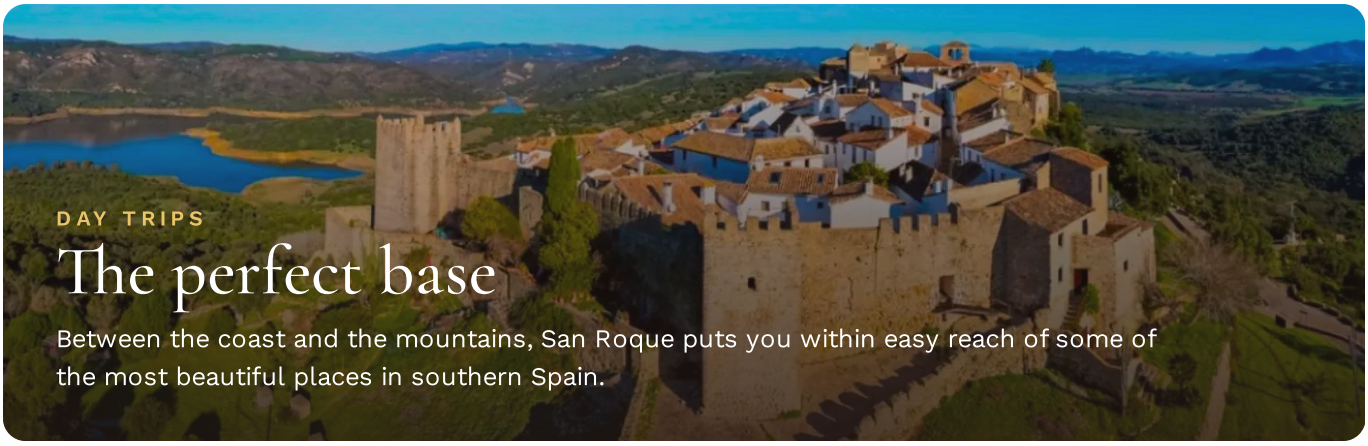
Contemporary art exhibitions in the heart of the old town, a few minutes' walk from the house.

**View on Google Maps →**

## Pinar del Rey

A large pine forest very close to town, ideal for family walks and hiking.

**View on Google Maps →**



DAY TRIPS

# The perfect base

Between the coast and the mountains, San Roque puts you within easy reach of some of the most beautiful places in southern Spain.

## 9 km
**Gibraltar**

Walk across the border and head up the Rock to see its famous monkeys up close and enjoy views over the Strait and the coast of Africa. Its tunnels, Main Street and British atmosphere make it a one-of-a-kind day out.

## 5 km
**Bunker trail**

During the Second World War more than a hundred bunkers were built in the Sierra Carbonera, facing Gibraltar. Today its trails let you discover this little-known history, with spectacular views over the bay, the Rock and Africa. Guided walks are also available.

## 16 km
**Sotogrande Marina**

One of the most elegant marinas in Andalusia, with a promenade full of restaurants, bars and terraces facing the boats. On Sundays its market brings the quays to life: perfect for a leisurely stroll and lunch.

## 20 km
**Castellar Castle**

A medieval fortress with a small village of cobbled streets inside its walls, surrounded by Los Alcornocales Natural Park. Its views over the reservoir and the hills make it a lovely outing for a few hours.

## 36 km
**Tarifa**

The southernmost point of mainland Europe, with wild beaches such as Bolonia and Valdevaqueros, a charming old town and the Strait's surfing vibe. On clear days, Africa feels close enough to touch.

## 9 / 36 km
**Whale and dolphin watching**

Trips leave from Gibraltar and Tarifa to see dolphins, pilot whales and, depending on the season, orcas and sperm whales in the wild. The Strait is one of the best places in Europe for this unforgettable experience.

## 38 km
**Jimena de la Frontera**

A white village spilling down the hillside below its castle, in the heart of Los Alcornocales Natural Park. Quiet streets, views over the Hozgarganta valley and good walking trails: a perfect escape to discover the most authentic Andalusia.

## 60 km
**Marbella**

Its old town, with the Plaza de los Naranjos and whitewashed streets, contrasts with the glamour of Puerto Banús and its long seafront promenade. Ideal for a day of shopping, beach and good food.

## 74 km
**Vejer de la Frontera**

One of the most beautiful white villages in Spain, perched on a hilltop, with maze-like streets of Moorish heritage and views all the way to the sea. The beaches of El Palmar and Zahara de los Atunes are close by.



BEACHES

# Between the Mediterranean and the Atlantic

San Roque sits between two seas: the calm beaches of the Mediterranean and the wild beaches of Tarifa on the Atlantic.

9 KM

## Alcaidesa

A long golden-sand beach with views of the Rock of Gibraltar and, on clear days, the coast of Africa. Wide and peaceful, with a Blue Flag and beach bars for lunch by the sea.

View on Google Maps →

16 KM

## Sotogrande

Fine-sand beaches on both sides of the marina, next to the Guadiaro river estuary, a nature reserve full of birdlife. Perfect for combining a swim, a stroll and lunch at the marina.

View on Google Maps →

20 KM

## Cala Sardina

A crescent-shaped cove near Torreguadiaro, with calm water and dark sand, overlooked by an old fortified house. Ideal for families, with a Blue Flag and beach bars in summer.

View on Google Maps →

38 KM

## Playa del Cristo · Estepona

A small sheltered cove next to Estepona harbour, with calm, clear water, almost like a natural pool. Perfect for swimming with children and ending the day at one of its beach bars.

View on Google Maps →

37 KM

## Los Lances · Tarifa

Miles of white sand on Tarifa's doorstep, within the Strait Natural Park. A kitesurfing paradise with some of the most beautiful sunsets on the coast.

View on Google Maps →

43 KM

## Valdevaqueros · Tarifa

A wild beach with turquoise water, a great dune behind it and the outline of Africa on the horizon. Its laid-back beach bars make it a summer classic.

View on Google Maps →

46 KM

## Punta Paloma · Tarifa

Famous for its huge sand dune, which you can climb for spectacular views over the Strait. An unspoilt, peaceful beach, perfect for switching off.

View on Google Maps →

55 KM

## Bolonia · Tarifa

Considered one of the most beautiful beaches in Spain: white sand, crystal-clear water, a great dune and, by the shore, the Roman ruins of Baelo Claudia. A place where history and landscape meet.

View on Google Maps →

65 KM

## Los Alemanes · Zahara

A little gem between Zahara de los Atunes and Bolonia, sheltered by the rocks of Cabo de Plata. Turquoise water, golden sand and a peaceful atmosphere make it a favourite on the Cádiz coast.

View on Google Maps →

SPORT

# Golf, polo, sea and mountains, all close by

The municipality of San Roque, which includes Sotogrande, is one of southern Europe's great sporting destinations.



## Golf

**Nine courses in the municipality**

Among them, Real Club Valderrama, which in 1997 hosted the first Ryder Cup held in continental Europe, and Real Club de Golf Sotogrande, designed by Robert Trent Jones in 1964. World-class courses surrounded by cork oaks, just minutes from the house.



## Polo

**One of the world's polo capitals**

Sotogrande is home to several clubs and one of the largest concentrations of polo fields in Europe. Every summer since 1971, the Santa María Polo Club has held its International Tournament, with some of the world's best players and a great social atmosphere by the marina.



## Water sports

**From the river to the Strait**

Paddleboarding and kayaking on the Guadiaro river estuary, a nature reserve next to Sotogrande; sailing from its marina; kitesurfing and windsurfing in Tarifa, Europe's wind capital; and diving in the Strait's waters, extraordinarily rich in marine life.



## Hiking

**Among cork oaks and pines**

Los Alcornocales Natural Park, one of the largest cork oak forests in the world, begins very close to San Roque, with dozens of trails through rivers, gorges and white villages. And on the edge of town, Pinar del Rey offers easy routes for family walks.

STREET MARKETS

# A market for every day of the week

Every town in the area has its own market day. These are the closest to El Conventillo. All are held in the morning, roughly from 9 am to 2 pm.

MONDAY
≈ 30 km

## Manilva

A small local market, best combined with a stroll around Sabinillas and La Duquesa harbour.

View on Google Maps →

TUESDAY
≈ 15 km

## Algeciras

One of the largest in the province, with more than 250 stalls at the Parque Feria.

View on Google Maps →

WEDNESDAY
≈ 9 km

## La Línea de la Concepción

On Paseo Juan Ayala, next to the sports centre. Not held in July.

View on Google Maps →

THURSDAY
≈ 8 km

## Estación de San Roque

The market in the Estación neighbourhood: simple and very local.

View on Google Maps →

FRIDAY
≈ 28 km

## Sabinillas

By the seafront promenade, with around 40 stalls and the sea just steps away.

View on Google Maps →

SATURDAY
≈ 12 km

## Los Barrios

At the Recinto Ferial: relaxed and varied, with fruit, clothes, shoes and household goods.

View on Google Maps →

SUNDAY
In town

## San Roque

At the Recinto Ferial, a few minutes from the house: clothes, food and household goods at bargain prices.

View on Google Maps →

SUNDAY
≈ 16 km

## Sotogrande

One of the prettiest in the area, with crafts, fashion and local produce by the marina.

View on Google Maps →

In July and August, Sotogrande Marina also hosts an evening craft market on Wednesdays and Thursdays.

PRACTICAL INFORMATION

# Everything you might need

Useful services in town, to make your stay as comfortable as being at home.

### Tourist Office

- Plaza de Andalucía, corner of Calle San Felipe
  +34 956 69 40 05

turismosanroque.es

### Supermarkets

- Alhacena Plaza
  Plaza Espartero, 5 · the closest
- Mercadona
  Calle Almirante Barceló
- Supermercado Andalú
  Av. de Elvira Castilla del Pino, 20
- Alimentación Bazar
  Calle Batallón Cazadores de Tarifa, 27
  **Open Monday to Sunday, 9:30 am to 11 pm**

### Pharmacies

- Sánchez Vidal
  Calle General Lacy, 54
- Domínguez
  Calle General Lacy, 30
- Ferrer
  Paseo de la Alameda

### Cash machines

- Banco Santander
  Calle General Lacy, 1
- Caja Rural del Sur
  Calle General Lacy, 20
- BBVA
  Plaza de Andalucía

### 24-hour taxis

- Taxi San Roque
  +34 622 72 72 95
- SotoTaxi
  +34 652 171 778

### Emergencies

- Emergency number
  112


EL CONVENTILLO DE SAN ROQUE

For anything else, Mariano is just a message away.

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